

2019 FOODS REVUE

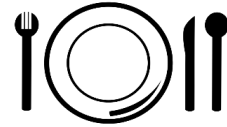
July 17, 2019 - 6:00 p.m. Registration, 6:30 p.m. Judging

Location: United Methodist Church, Sparta, WI

Complete place setting includes: silverware, napkin, placemat, drink ware, plate/bow. *Creative Chef: Odd Years: Pork or fish, cheese, butter, yogurt, romaine lettuce, fresh mushrooms, fresh garlic, pineapple, water chestnuts, scallions, mango, rice, spinach, olive oil, tomatoes

Group	Class	Lot	Food Item	What to bring
K-Grade 2	A0	1	K-Nutritious Drink (must include at least 3 ingredients)	Placemat, serving glass, plate, napkin, 3 X 5 recipe card
	A1	1	1st-Vegetable Snack-Raw	Same as above
	A2	2	2nd-Fruit Snack-Raw	Same as above
Grade 3	A	1	Hot or cold sandwich	Complete place setting, 3 X 5 recipe card, menu
Grade 4	B	1	Appetizer (no vegetables, fruit, and/or dips)	Complete place setting, 3 X 5 recipe card, menu
Grade 5	C	1	Cold salad (vegetable, fruit, gelatin, pasta)-bring entire item as you would serve it, judge may ask for an individual serving	Complete place setting, 3 X 5 recipe card, menu
Grade 6	D	1	Yeast or quick bread or muffins from scratch	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece
Grade 7	E	1	Soup or stew-1 serving	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece
Grade 8	F	1	Dessert-1 serving	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece
Grade 9	G	1	Main dish-1 serving	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece
Grade 10	H	1	Traditional Holiday food (Valentine's Day, Thanksgiving, St. Patrick's Day, etc.)	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece
Grade 11-13	I	1	*Creative Chef - 1 item	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece *Creative chef-List of ingredients to be used within your prepared item and the rest of your menu. Provide all recipes of your menu, plus prepare one item for face-to-face judging. <u>Nutritionist</u> -Create meal plan for 1 week for yourself, include information on age, weight and gender.
		2	Formal Meal - 2 items	
		3	Nutritionist	
Grades 3-5 Grades 6-8 Grades 9-13	J K L	1	Food Poster (see next page for details)	Food Poster
Grades 3-5 Grades 6-8 Grades 9-13	M N O	1	Mini-Booth (see next page for details)	Mini-Booth

FOODS REVUE GUIDELINES



I. General

- 1) Parent or leader may help carry in the exhibitor's materials, but actual set-up is exhibitor's responsibility.
- 2) All blue ribbon winners will be on display at the Monroe County Fair.
- 3) The Monroe Co. 4-H Foods Revue is judged face-to-face. All entries will be judged using the Danish System.
- 4) Listening by all exhibitors on comments from the judge is encouraged.

II. Product Exhibit (see appropriate guideline for age and year in projects groupings)

- 1) Make only one food item. Optional: samples of product may be left for tasting following the Foods Revue.
- 2) Food selected must be appropriate to 4-H member's age and current project.
- 3) Print or type the menu on an **8 1/2 x 11 sheet of paper, 3x5" card or other creative materials**. Put name on back of card.
- 4) Print or type the food recipe on an **8 1/2 x 11 sheet of paper, 3x5" card or other creative materials**. Put name on back of card. Submit a copy of the recipe to the UW Extension Office by entry deadline.
- 5) Recipe and menu cards must be displayed with exhibit.
- 6) Each exhibitor will have a table surface of approximately 30"x24" on which to have their place setting and centerpiece. (Tables are provided.)
- 7) Table setting must be on a placemat or a tablecloth (folded to 30"x24").
- 8) Silk or fresh flowers, natural seasonal arrangements, or other items appropriate to the menu, may be used as centerpieces. (If applicable) (Be creative)
- 9) Provide the table service you will need; the dishes, flatware, table covering, and the centerpiece that will make an attractive setting for your food and fit the menu. If the menu is for a fancy sit-down dinner, reflect that theme. If your menu is for a picnic, paper ware is acceptable, and a fancy table service is not. (If applicable) (Be creative)

III. Other Exhibits (Members may choose the exhibit a poster or mini-booth)

Posters: (in place of a mini-booth)

- 1) Poster size – 14"x 22" piece of tag board.
- 2) Create your own food idea (nutrition, preparation, safety, buymanship, dairy promotion, and theme).
- 3) Poster should have a title or heading.
- 4) Posters can be hand drawn, painted, magazine pictures, or photos.
- 5) Be creative and original.

Mini-Booth: (in place of poster)

- 1) Size – no larger than 14"x 32"
- 2) Mini-booth can show ways of presenting a food concern (safety, nutrition, science, buying, consumerism, and theme).
- 3) Must be neat, organized and theme easily identified.

Dairy Promotion

To be eligible for this award, members in grades 3 to 13 entries must include: **TWO (2) dairy products** in the food prepared and create a poster or mini-booth with a dairy theme. A dairy Promotions representative will evaluate the entries on the above two criteria. Awards will be monetary donations from the Monroe County Dairy Promotion Committee. Food items and posters must contain dairy products/information to be eligible. ALL 4-H Foods Revue entries meeting these dairy promotion guidelines are eligible.



2019 MONROE COUNTY
4-H FOODS REVUE, JULY 17, 2019
REGISTRATION FORM



Registration: 6:00 p.m./Judging: 6:30 p.m.

Contest entry with recipe due by: **Monday, July 1, 2019**

Mail to: Monroe Co. Extension Office, 206 S. K St, Sparta, WI 54656

Name: _____

Address: _____

City: _____ Club: _____ Grade: _____

Phone #: _____

Email _____

Cloverbud/Explorer:

- _____ Nutritious Drink (Kindergarten)
- _____ Vegetable Snack (1st Grade)
- _____ Fruit Snack (2nd Grade)

Grades 3 – 13

Using the Foods Revue class/lot description, enter class. **Enclose recipe with entry!**

Foods Revue Class: _____ Lot: _____

Poster (14" x 22") Class: _____ **OR** Mini-booth (14" x 32") Class: _____ Dairy Promotion: _____

2ND ENTRY

Name: _____

Address: _____

City: _____ Club: _____ Grade: _____

Phone #: _____

Email _____

Cloverbud/Explorer:

- _____ Nutritious Drink (Kindergarten)
- _____ Vegetable Snack (1st Grade)
- _____ Fruit Snack (2nd Grade)

Grades 3 – 13

Using the Foods Revue class/lot description, enter class. **Enclose recipe with entry!**

Foods Revue Class: _____ Lot: _____

Poster (14" x 22") Class: _____ **OR** Mini-booth (14" x 32") Class: _____ Dairy Promotion: _____

_____ Yes, I would like information on menu planning and writing and table settings

_____ No, I have the information from last year