



UW-MADISON EXTENSION

Monroe County 4-H  
Record Book Form



# FAMILY & CHILD DEVELOPMENT PROJECT FOR 20\_\_

List two things you would like to do or learn this year in this project: (2pts)

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

This record is for the following project(s): (1pt)

Growing on my own  
 Growing with others  
 Growing in communities

Years in project (1pt) \_\_\_\_\_  
Chart has checked boxes 1 pt.

## SKILLS LEARNED

Skills	This Year	Past Years	Skills	This Year	Past Years
Understand human development			Create daily meal plan		
Understand evolution			Understand nutrition		
Knowing home hazards			Interview elder		
Test fire alarms			Interview child		
Test carbon monoxide alarms			Interview peer		
Create personal routine			Understand peer pressure		
Understand first aid kit			Design community plan		
Create child storybook			Create event for community		
Babysitter certification			Volunteer		

The value of a 4-H Project is measured, in part, by the time spent learning and participating in the project. Please attach a copy of your 4-H Project Hours Tracking Tool for the Family & Child Development project. (**Hours Tracker Form, journal, or project certificate** must be included following this form in the Family & Child Development project section of the record book) Minimum Required Hours Documented: All=4pts, 75%=3pts, 50%=2pts, less than 50%=1pt, none=0pts

## Articles Completed or Worked on This Year (1pt)

Item	Description	Cost

Describe below how you prepared your individual project, why did you choose the topic, how did you create awareness to the public (1 point per detail, up to 4 points total):

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## Exhibits/Demonstrations (1pt)

What did you exhibit?	When/Where	Placing

The worth or value of a 4-H project is measured also by the things you learned, enjoyment, and overcoming challenges. Tell us one thing you learned in the Family & Child Development project this year, as well as one challenge you overcame. (2pts, 1pt for challenge, 1pt for what learned)

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Photo Pages: 2 pages (4 sides) following this form. Scrapbook style pages are acceptable. Please include captions. If you wish to not include photos, a 1 page journal entry is also acceptable. (2 points per side. 1 point for pictures. 1 point for captions. If written entry, total of 4 points for completion of 500 word essay) Total 21 Pts