



UW-MADISON EXTENSION

# MONROE COUNTY 4-H CLOVERLINK

THE NEWSLETTER FOR 4-H FAMILIES & FRIENDS

Monroe County Extension Office, 206 South K St, Sparta, WI 54656  
Phone: (608) 269-8722; Fax: (608) 366-1809  
Website: <https://monroe.extension.wisc.edu>

## July-August 2023

### BE KIND & UNWIND

Hello Monroe County 4-H,

The office is humming with activity, as I am sure your home is too! Going to summer camp, getting your projects finished for the fair, working at the food stand, going to club meetings, and the list goes on. As your schedule fills up, your patience may go down. Remember to take a breath. If someone or something is getting under your skin, take a moment and think. Maybe this person is under a deadline, or dealing with a illness, or grieving a loved one. 4-H is not 'life or death' and should be a positive experience for everyone. Be aware of what you say, how you say it, and your actions. Help someone who is need, you may be the exact thing that person needs right now.

Speaking of helping, we still need a lot of volunteers in all aspects of fair. From food stand shifts, setting up the Exhibitor building on Monday afternoon, to checking in exhibits on Thursday, and helping the judges Thursday afternoon and Friday morning. If you have some spare time, please call me at the office and we can figure out what area will work for you and your schedule.

Drum roll please . . . we have a new 4-H Educator!!! His name is Jason Hornickel and he is coming to us from Washington State and will start July 31st. I am hoping to have a meet & greet in August where you can stop in the office and meet him. More details will be coming.

Have a wonderful fair experience!

*Vicky Kast*

Vicky Kast  
Administrative Associate



#### CONTENTS

- Pg 1 Be Kind & Unwind
- Pg 2 Calendar of Events / District Responsibilities / Club News
- Pg 3-5 Foods Revue
- Pg 6 2024 Calendar Photo Contest / Food Stand Info
- Pg 7 Record Books / Treasurer & Secretary Books
- Pg 8 Member Application County Awards / Clothing Preview Results
- Pg 9 Cloverbud Corner
- Pg 10 Monroe County Fair Information

#### FRIENDLY REMINDERS

- Monthly 4-H Newsletter information is due on the **20<sup>th</sup>**.
- Please keep your mailing and email addresses current in 4-H Online.
- If you plan to un-enroll from 4-H, please contact the office so we can remove you from the system.



If your club or group has events you would like on this calendar, please email information to [mocowi4h@gmail.com](mailto:mocowi4h@gmail.com)

## Calendar of Events

### JULY

**Sat., July 1, 2023**

**2023 Monroe Co. Farm Bureau Fair Grant due**

**Tues., July 4, 2023**

**Extension Office Closed**



**Mon., July 17, 2023**

**2024 Calendar Photo Submissions Due**

**Wed., July 19, 2023**

**Foods Revue, 7 p.m. \*\*NOTE NEW LOCATION\*\***

**WHERE: Leon Community Center**

**Wed., July 26—31st**

**Monroe County Fair**

**WHERE: Fairgrounds in Tomah**



### ATTENTION General Leaders !

It's that time of year again, time to submit the annual charters and financial paperwork needed to be a 4-H Club. The office will be sending out information and forms after fair. The financial paperwork is due September 1st and the charters are due October 1st.

**NOTE:** UW-Madison is not allowing late paperwork on either of these items. If it is not turned in, you will not be a club!!

### 2022 - 2023 District Responsibilities

**Southeast:** Hill-N-Valley; Norwalk Clovers; Stepping Stones

**Clean Food Stand Before Tractor Pull**

**Northeast:** Clovers & Cranberries; LaGrange Tunnel-Lites; Valle Ville

**Clean Food Stand After Tractor Pull**

**Southwest:** Jolly Joiners; Leon Livewires, Sparta Sprockets

**Clean Exhibit Hall Before Fair**

**Northwest:** Denim N' Dust; Dragonflies, Way Finders

**Family Celebration**

**Clean Food Stand After County Fair**

## 4-H Club News

### Jolly Joiners

The meeting was called to order on the fresh, sunny day of May 29 at 5:25 p.m. in the Cashton High School cafeteria. Due to Memorial Day, the meeting was small, with only seven members present. Summer outings were discussed, and right now members have narrowed it down to mini golf at Riverside or canoeing down the Kickapoo River.

The community garden has been planted at the Jolly Joiners 4H park with tomatoes, chives, peppers, and cucumbers. Jason Haugrud generously offered to buy and install gutters and water barrels for the 4Hers to use. The watering schedule is also out; so 4Hers, please sign up to help keep our signs in town looking nice.

At the time of the meeting, the June 3 Monroe County Dairy Breakfast at Mapletwin Farms was a few days away. 4Hers were reminded to help with clean-up. (In fact, the breakfast was a smashing success, with cars and people packing onto the farm. And Jolly Joiners club members turned out in force to help!)

Club members were also reminded that shifts need to be covered for the upcoming Tractor Pull and Monroe County Fair. After some hard voting, the theme for fair boards at the Monroe County Fair this year was decided to be, "Jolly Joiners 4H, planting seeds for success." Members also decided to have an after-fair picnic on August 6.

Officer elections for the coming year were also held. The results are: President, Reba Flock; Vice President, Luke Clements; Secretary: Aubri Shaldach; Treasurer: Alynnsia Miller; Reporter, Cyprian Klein; and the New Historian, Clement Klein.

After the meeting, members enjoyed a meal of pizza and root beer floats. The next meeting will occur August 6, at the after-fair picnic.

Submitted by Cyprian Klein



## Foods Revue Guidelines



### I. General

1. Parent or leader may help carry in the exhibitor's materials, but actual set-up is exhibitor's responsibility.
2. All blue ribbon winners will be on display at the Monroe County Fair.
3. The Monroe County 4-H Foods Revue is judged faced-to-face. All entries will be judged using the Danish System.
4. Listening by all exhibitors on comments from the judge is encouraged.

### II. Product Exhibit (see appropriate guideline for age and year in projects groupings)

1. Make only one food item. Optional: samples of product may be left for tasting following the Foods Revue.
2. Food selected must be appropriate to 4-H member's age and current project.
3. Print or type the menu on an **8 1/2 x 11 sheet of paper, 3 x 5" card or other creative materials**. Put name on back of card.
4. Print or type the food recipe on an **8 1/2 x 11 sheet of paper, 3 x 5" card or other creative materials**. Put name on back of card. Submit a copy of the recipe to the UW Extension Office by entry deadline.
5. Recipe and menu cards must be displayed with exhibit.
6. Each exhibitor will have a table surface of approximately 30" x 24" on which to have their place setting and centerpiece. (tables are provided).
7. Table setting must be on a placemat or a tablecloth (folded to 30" x 24").
8. Silk or fresh flowers, natural seasonal arrangements, or other items appropriate to the menu, may be used as centerpieces.
9. Provide the table service you will need; the dishes, flatware, table covering, and the centerpiece that will make an attractive setting for your food and fit the menu. If the menu is for a fancy sit-down dinner, reflect that theme. If your menu is for a picnic, paper ware is acceptable, and a fancy table service is not.

### III. Other Exhibits (members may choose to exhibit a poster or mini-booth)

#### Posters: (in place of a mini-booth)

1. Poster size—14" x 22" piece of tag board.
2. Create your own food idea (nutrition, preparation, safety, buymanship, dairy promotion) Your theme can create your own title.
3. Poster should have a title or heading.
4. Posters can be hand drawn, painted, magazine pictures, or photos.
5. Be creative and original.



#### Mini-Booth: (in place of poster)

1. Size—no larger than 14" x 32" Do not use perishable foods as part of display.
2. Mini-booth can show ways of presenting a food concern (buying, food safety, food preparation, consumer concern: food science related to dairy foods).
3. Must be neat, organized and theme easily identified.

#### Dairy Promotion

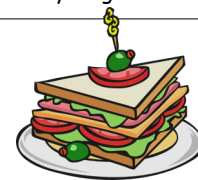
To be eligible for this award, members in grades 3 to 13 entries must include: **TWO (2) dairy products** in the food prepared AND create a poster or mini-booth with a dairy theme. A dairy promotions representative will evaluate the entries on the above two criteria. Awards will be monetary donations from the Monroe County Dairy Promotion Committee. Food items and posters must contain dairy products / information to be eligible. ALL 4-H Foods Revue entries meeting these dairy promotion guidelines are eligible.





## 2023 Foods Revue

Wed., July 19th - 6:30 p.m. Registration, 7 p.m. Judging  
Location: Leon Community Center, Leon, WI



Complete place setting includes: silverware, napkin, placemat, drink ware, plate/bowl. \*Creative Chef: Odd Years: Pork or fish, cheese, butter, yogurt, romaine lettuce, fresh mushrooms, fresh garlic, pineapple, water chestnuts, scallions, mango, rice, spinach, olive oil, tomatoes.

Group	Class	Lot	Food Item	What to bring
K-Grade 2	A0	1	K-Nutritious Drink (must include at least 3 ingredients)	Placemat, serving glass, plate, napkin, 3 X 5 recipe card
	A1	1	1st-Vegetable Snack-Raw	Same as above
	A2	1	2nd-Fruit Snack-Raw	Same as above
Grade 3	A	1	Hot or cold sandwich	Complete place setting, 3 X 5 recipe card, menu
Grade 4	B	1	Appetizer (no raw vegetables, fruit, and/ or dips)	Complete place setting, 3 X 5 recipe card, menu
Grade 5	C	1	Cold salad (vegetable, fruit, gelatin, pasta)-bring entire item as you would serve it, judge may ask for an individual serving	Complete place setting, 3 X5 recipe card, menu
Grade 6	D	1	Yeast or quick bread or muffins from scratch	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece
Grade 7	E	1	Soup or stew-1 serving	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece
Grade 8	F	1	Dessert-1 serving	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece
Grade 9	G	1	Main dish-1 serving	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece
Grade 10	H	1	Traditional Holiday food (Valentine's Day, Thanksgiving, St. Patrick's Day, etc.)	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece
Grade 11-13	I	1	*Creative Chef - 1 item	Complete place setting, 3 X 5 recipe card, complete menu for meal, centerpiece  *Creative chef-List of ingredients to be used within your prepared item and the rest of your menu. Provide all recipes of your menu, plus prepare one item for face-to-face judging. Nutritionist-Create meal plan for 1 week for yourself, include information on age, weight and gender.
		2	Formal Meal - 2 items	
		3	Nutritionist	
Grades 3-5 Grades 6-8 Grades 9-13	J K L	1	Food Poster (see previous page for details)	Food Poster
Grades 3-5 Grades 6-8 Grades 9-13	M N O	1	Mini-Booth (see previous page for details)	Mini-Booth



# 2023 Monroe County 4-H Foods Revue, July 19, 2023



## REGISTRATION FORM

Registration 6:30 p.m. Judging 7:00 p.m.  
Contest entry with recipe due by: Friday, July 7, 2023

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Club: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

### Cloverbud/Explorer:

Nutritious Drink (Kindergarten): \_\_\_\_\_

Vegetable Snack (1st Grade): \_\_\_\_\_

Fruit Snack (2nd Grade): \_\_\_\_\_

### Grades 3 - 13

Using the Food Revue class/lot description, enter class. **Enclose recipe with entry!**

Foods Revue Class: \_\_\_\_\_ Lot: \_\_\_\_\_

Poster (14" x 22") Class: \_\_\_\_\_ **OR** Mini-booth (14" x 32") Class: \_\_\_\_\_ Dairy Promotion: \_\_\_\_\_

\_\_\_\_\_ Yes, I would like information on menu planning, writing, and table settings.

\_\_\_\_\_ No, I have the information from last year.

## 2nd Entry

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Club: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

### Cloverbud/Explorer:

Nutritious Drink (Kindergarten): \_\_\_\_\_

Vegetable Snack (1st Grade): \_\_\_\_\_

Fruit Snack (2nd Grade): \_\_\_\_\_

### Grades 3 - 13

Using the Food Revue class/lot description, enter class. **Enclose recipe with entry!**

Foods Revue Class: \_\_\_\_\_ Lot: \_\_\_\_\_

Poster (14" x 22") Class: \_\_\_\_\_ **OR** Mini-booth (14" x 32") Class: \_\_\_\_\_ Dairy Promotion: \_\_\_\_\_

\_\_\_\_\_ Yes, I would like information on menu planning, writing, and table settings.

\_\_\_\_\_ No, I have the information from last year.



## Project News & Information

### 2024 Calendar Contest

Elizabeth Carpenter is leading the 2024 Calendar project this year and is looking for some great photos to be in the calendar. Have you taken an awesome photo this year? It's easy to enter, just follow these rules for submission:

- Photo must be taken in Monroe County
- Each member may submit one photo in each Seasonal Category
- No photos of people
- Be the work of the youth member willing to sign a release
- Submit the picture to [Public 4-H Photo Album - Google Drive](#)
- Submitted by **July 17, 2023**

Look for the display at the fair near the Photography Department to vote on your favorite! Top photographs will be in the 2024 4-H Calendar.



**4-H  
PHOTO  
CONTEST**

### Food Stand Committee News

Monroe County 4-H will be hosting our Food Stand for the Monroe County Fair, July 25-30. Again this year, the shifts will be two hours to allow youth to care for their animal responsibilities and fulfill Food Stand shifts more easily. Members requested the sign up be released earlier, so the link went out on Monday, June 26th at 4:30 p.m.

Club Name	Gr 3-13 Count	% of total membership	# of shifts FAIR
Clovers & Cranberries	15	6%	18
Denim 'n Dust	14	6%	16
Dragonflies	11	5%	13
Hill-N-Valley	15	6%	18
Jolly Joiners	22	9%	26
LaGrange Tunnel-Lites	42	18%	49
Leon Livewires	59	25%	69
Norwalk Clovers	16	7%	19
Sparta Sprockets	7	3%	8
Stepping Stones	9	4%	11
Valle Ville	20	8%	24
Wayfinders	7	3%	8
<b>TOTAL</b>	<b>237</b>	<b>100%</b>	<b>279</b>

## Fair Food Stand Shifts



# Record Books 2023

DUE TO EXTENSION OFFICE 9-11-2023

\*your club leader may have an earlier deadline.



# Treasurer & Secretary Books

DUE TO EXTENSION OFFICE 9-1-2023

It is that time to get in gear with your record books. You may not have worked on all of your projects or you may not have had a chance to get to the lessons you were planning, but you did accomplish things this year. The record book is a picture of your 4-H year.

Some may remember that a new Record Book plan was approved at the April 2021 Leader's meeting. There are a few changes to what is scored in the book to make it easier and hopefully more fair.

- Each member is asked to report on three projects. These projects will be scored. You may submit more project forms than is required, the extra projects will be rewarded with a project disk.
- Activity Summaries are required. There will be three for all members. Your age will be taken into consideration when scoring these. There are more options to display your learning from our events.
- Hour Tracker: Will be part of each project that you submit. Some projects will have a project completion certificate that you can use in place of the hour tracker.
- There will be a new award for 3rd—8th grade members. A 4-H "Savings Account" will be established for each successful record book. A deposit of \$50 will be added. This money can be used for 4-H events throughout your 4-H career.

Remember that record books are ultimately for you to use as a record of your involvement in 4-H. What you write may help in filling out college forms, or applying for scholarships and jobs, let alone reminiscing when you are an adult.

Find the forms and instructions at: <https://monroe.extension.wisc.edu/4-h-youth-development/forms-applications/>



Each year the Treasurer and Secretary for each chartered club and group in 4-H is required to turn in a collection of reports and information. These documents are used to help in Monroe County's Charting process. The process by which clubs have permission to function as 4-H. So they are important!

Please do your best on these reports. They will be used strictly for their administrative purpose. All forms can be found at: <https://monroe.extension.wisc.edu/4-h-youth-development/forms-applications/>

Here is a list of what goes in each book:

## Secretary:

1. Club Evaluation Form- updated online
2. Monthly Club Meeting Minutes- Please list months where no meeting was held
3. Club Activities – Clubs should have been able to do 2 activities this year.
4. Club Attendance Record – Write "NM" in the date if the club didn't meet.
5. Club Directory - I am mailing all leaders 2 copies of this report.

## Treasurer:

1. Monthly Treasurer's Reports - Please list months when no meeting was held.
2. Receipts – attached to sheets
3. Deposits – attached to sheets
4. Bank Statements – July 1, 2022 to June 30, 2023 from all banks and accounts
5. Ledger – can be hand written, spreadsheet or copies of checkbook

If you have trouble completing your officer's book please let your club leader know or contact Vicky at the office by calling 608-269-8722 or email her [vicky.kast@wisc.edu](mailto:vicky.kast@wisc.edu).

# Project News & Information

## MEMBER'S APPLICATION FOR COUNTY 4-H AWARDS

Name \_\_\_\_\_ Club \_\_\_\_\_

To be completed by the member with his/her record book. **Place in inside front cover pocket.**

Circle One (Grade in previous school year): Jr. (3-5) Inter. (6-8) Sr. (9+)

On lines 1-3 please list the 3 projects that are being submitted for scoring and record book placement. For the projects on the lines marked "D" you will receive a disk only.

1. _____	2. _____	3. _____
D _____	D _____	D _____
D _____	D _____	D _____

\_\_\_\_\_ I need a new plaque, my current plaque is full. From 2021 forward, there will only be one color plaque.

\_\_\_\_\_ I am applying for an OVERALL RECORD BOOK AWARD. This award is calculated using projects on lines 1-3 above.

\_\_\_\_\_  
Member Signature

\_\_\_\_\_  
Parent/Guardian Signature

## Clothing Preview Results

Congratulations to all who entered in the 2023 Clothing Preview! Everyone did a terrific job.

Special thanks to Ruth Elsen who judged the contest this year, and to Superintendent Denise Murray, and to Barb Ornes, Project Leader and this year—technical support for providing video for those who could not attend.



Make sure to stop by the Style Show at the Fair on Sunday at 2:30 p.m. in the Exhibition Building.

Daphne Arndt, skirt —Blue  
 Katherine Schreier, pants—Blue  
 Harper Skowronski, apron—Blue  
 Azaria Carpenter, skirt—Blue  
 Alivia Paulson, dress/jumper—Blue

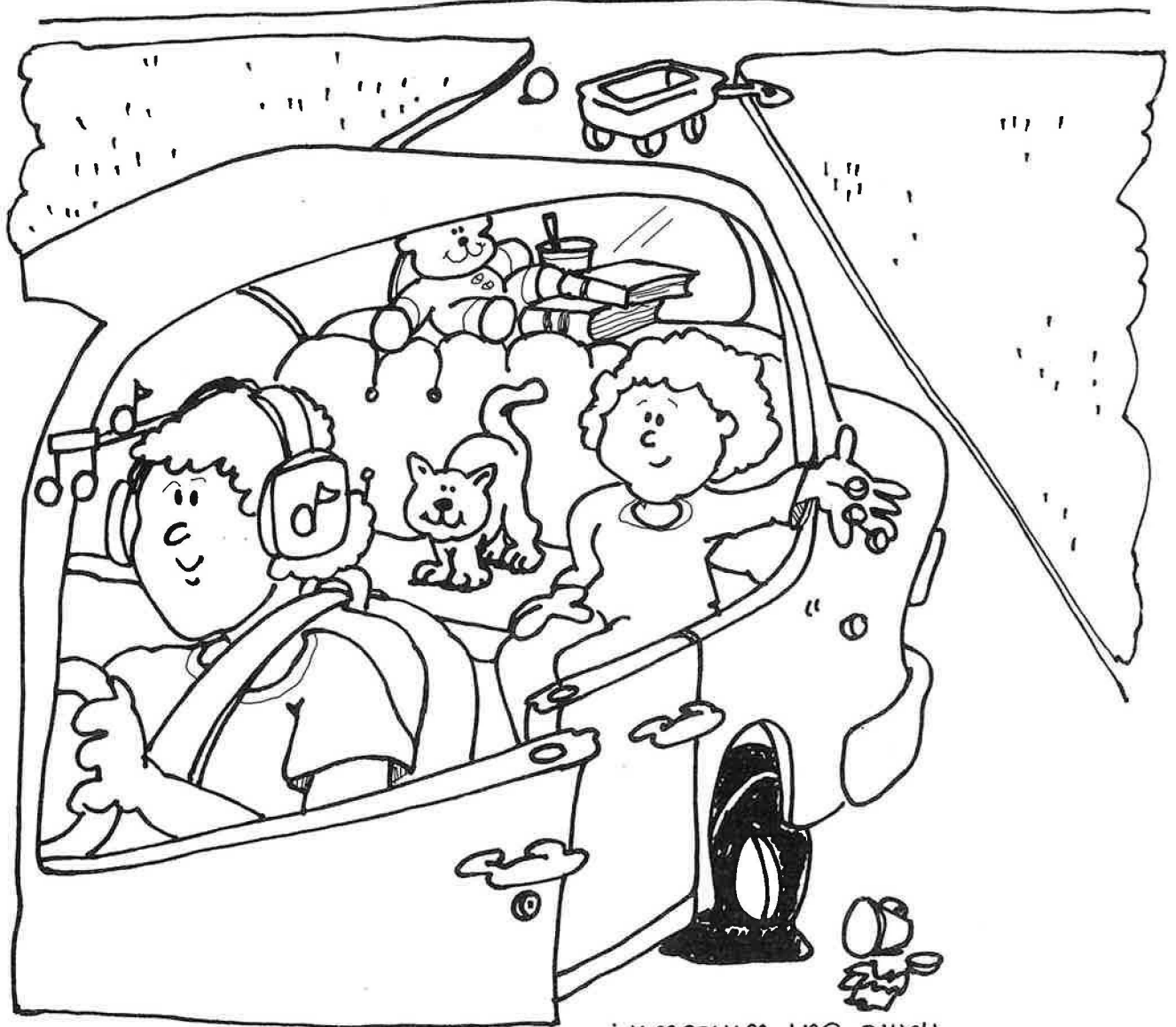


Mariah Semann, dress/jumper—Blue-MERIT  
 Katherine Beebe, dress/jumper—Blue  
 Lara Lamb, cos play outfit—Blue  
 Miranda Arndt, lounge pants—Blue  
 Miranda Arndt, dress best wear—Blue-MERIT



# Do it right!

This family isn't quite ready to leave the driveway. What could you add to the picture to make a safer trip? Cross out any dangers you see. Remember to practice these safe habits.



**Answers:** Things you might draw: seatbelt, pet cage, locks on doors, a litter bag to save trash...  
Dangers to cross out: toys behind car, wearing a radio headset, door ajar, things on rear window ledge, flat tire, hand out window...

# SAVE THE DATE!

## FAIR CLEAN UP DATES

**July 22nd, 9 a.m.**

Get ready for fair, clean barns, set up gates, set up exhibit hall, and more. Entry tags can be picked up at the office window starting at 9 a.m.

**August 19th**  
Clean up after fair.



**Fair Dates**  
**July 26 - 30, 2023**

Fair entries will be online this year. Keep an eye on <https://www.monroecountyfairwi.com/> for updates.

Club display themes will be picked by each club. We can't wait to see what all the clubs come up with for 2023!

Remember: All animal exhibitors are expected to help at the fair clean-up day.



## **Volunteers Needed**

The fair is a lot of fun, AND it takes a lot of volunteers to make it a success. If you want to help at the fair, in any capacity, please call the office and let me know. We need volunteers to help with checking in of the exhibits Thursday morning, help with the judges on Thursday starting at noon going until late afternoon and again on Friday morning to early afternoon. Only have a few hours, that's OK! Call the office at 608-269-8722.

## **CARING BY CARD - LOVE FOR OUR ELDERS**

**SHARE THE GIFT OF YOUR PHOTOGRAPHY  
TALENT WITH NURSING HOME RESIDENTS!**



**STARTING AT  
1 PM ON  
SUNDAY,  
JULY 30TH**

YOU ARE INVITED TO TAKE YOUR FAIR PHOTOS AND USE THE SUPPLIED CARDS TO MAKE A PHOTO CARD, WHICH WILL BE GIVEN TO LOCAL NURSING HOME RESIDENTS. WRITE A NOTE INSIDE AND LEAVE IT ON THE TABLE. THEY WILL BE PICKED UP AT 4:30 PM, AT THE END OF THE FAIR